

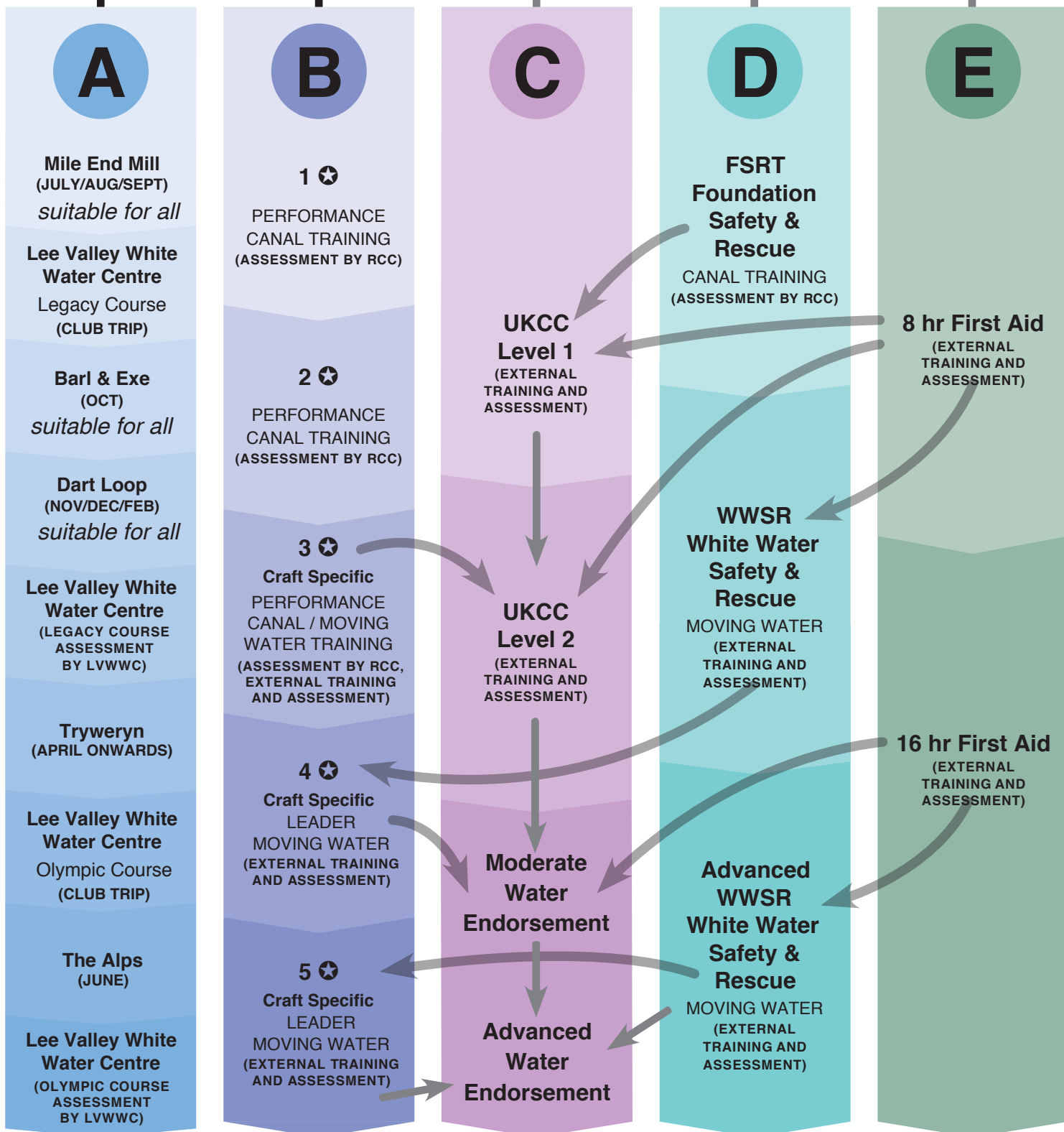
Once you have joined Regents Canoe Club...

**NIME**  
New Members Evenings

**IWWWK**  
Introduction to White Water Kayaking Course (I and II)

- Route **A** = for all
- Route **B** = for those that like to assess their skills, or wish to become coaches
- Route **C** = for those that want to become coaches
- Route **D** = for all WW paddlers
- Route **E** = for all

Practice on the canal



Information correct at the time of publication. Courses and training are run on demand if you are interested in any of the options other than club trips please contact: [safety@regentscanoeclub.co.uk](mailto:safety@regentscanoeclub.co.uk)

[www.canoe-england.org.uk/tests-i-awards/personal-performance-awards/paddlesport-start-i-1-to-3-star](http://www.canoe-england.org.uk/tests-i-awards/personal-performance-awards/paddlesport-start-i-1-to-3-star)  
[www.canoe-england.org.uk/tests-i-awards/leader-i-guide-i-helm-qualifications](http://www.canoe-england.org.uk/tests-i-awards/leader-i-guide-i-helm-qualifications)  
[www.canoe-england.org.uk/tests-i-awards/coaching-qualifications-courses](http://www.canoe-england.org.uk/tests-i-awards/coaching-qualifications-courses)