

Regents Canoe Club Introduction To Whitewater Kayaking Course - Application Form

Please complete this form and bring it with you along with you to the first night of your course.

Which course are you applying to attend:		
Full name:	Date of Birth:	Phone (Day / Evening / Mobile):
Address (incl postcode):		Email:
Name and telephone number of person to contact in the unlikely event of an emergency:		
Please outline any previous canoeing / kayaking experience:		
Please give details of any medical condition (e.g. asthma, epilepsy)**:		

**** NB:** This will not exclude you from participating, but it is extremely important that instructors are made aware of any conditions, as a medical incident on the water can easily escalate if the person in charge has not been made aware of a pre-existing condition.

I would like to register for the Regents Canoe Club Introduction to White Water Kayaking Course. I declare that the above information is correct and that I can swim 50m in light clothing. I have paid the full course fee of £240 and the refundable deposit of £60 for kit hire to Regents Canoe Club. I have read, understood and agree with the statements in the participation statement below.

Signature _____ Date: _____

How did you find out about Regents Canoe Club? _____

Regents Canoe Club Participation Statement

DECLARATIONS:

1. I can swim 50 meters in light clothing.
2. I understand that I use the club's facilities and equipment, and participate in club activities, at my own risk.
3. I agree to abide by the rules of the club that are in place to minimise risks to myself, other club members and the public.
4. I understand that I am responsible for the safekeeping of my personal property and that the club will not accept liability for any damage or loss of personal property.
5. I have read the information on Leptospirosis (Weil's disease) below and accept the risks.

WEIL'S DISEASE (*Leptospirosis icterohaemorrhagiae*)

Weil's Disease is a bacterial infection carried in rat's urine which contaminates water and wet river banks. The bacterium does not survive for long in dry conditions. It can occur in any water, although the risk of infection is greater in stagnant or slow moving water. Weil's Disease is rare, but it can be a serious illness requiring hospital treatment. It is caught by absorbing the bacteria through the skin and mucous membranes of the mouth and eyes, or any cuts in the skin. If within 3 -19 days after canoeing you feel ill with a temperature, influenza-like illness and/or joint and muscle pain and possibly jaundice, you should see your doctor immediately and tell him/her you have been taking part in watersports and where you have been paddling.

PRECAUTIONS: All paddlers should:

1. Use footwear to avoid cutting feet.
2. Cover all scratches or cuts on exposed parts of the body with waterproof plasters.
3. Avoid immersion in stagnant or slow moving water.
4. Wash or shower after immersion or paddling generally.

