

REGENTS CANOE CLUB

DECLARATIONS:

1. I can swim 50 meters in light clothing.
2. I understand that I use the club's facilities and equipment, and participate in club activities, at my own risk.
3. I agree to abide by the rules of the club that are in place to minimise risks to myself and other clubs members.
4. I understand that I am responsible for the safekeeping of my personal property and that the club will not accept liability for any damage or loss of personal property.
5. I have read the information on Leptospirosis (Weil's disease) below and accept the risks.

WEILS'S DISEASE (Leptospirosis icterohaemorrhagiae)

Weil's Disease is a bacterial infection carried in rat's urine which contaminates water and wet river banks. The bacterium does not survive for long in dry conditions. It can occur in any water, although the risk of infection is greater in stagnant or slow moving water.

Weil's Disease is rare, but it can be a serious illness requiring hospital treatment. It is caught by absorbing the bacteria through the skin and mucous membranes of the mouth and eyes, or any cuts in the skin. If within 3 – 19 days after canoeing you feel ill with a temperature, influenza-like illness and/or joint and muscle pain and possibly jaundice, you should see your doctor immediately and tell him/her you have been taking part in water sports and where you have been paddling.

PRECAUTIONS

All paddlers should:

1. Use footwear to avoid cutting feet.
2. Cover all scratches or cuts on exposed parts of the body with waterproof plasters.
3. Avoid immersion in stagnant or slow moving water.
4. Wash or shower after immersion or paddling generally.

PARTICIPATION STATEMENT:

I understand that the activity in which I will participate is an assumed risk sport, with risk of accident or injury.

Signed: Date:

Full Name: (please Print)

Address: (please Print)

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E-mail address: (please print)